

Operating Instructions – Pressure Chamber

Step-by-step instructions for operation

1 — Preparation

1. Close the hand valve located to the right of the door by turning it clockwise until it is hand-tight.



⚠ Do not overtighten the valve

2. Take the mask into the chamber – do not put it on yet.
3. Enter the chamber.

2 — Setup inside the chamber

4. Unpack the mask and attach the hose to the mask.
5. Connect the free end of the hose to the fitting located next to or above the chair.
6. Set the desired session duration on the control panel.



7. Set the desired pressure.

3 — Start and pressure build-up

8. Hold the start button pressed until the corresponding button on the touchpad lights up.
9. Close the door and press it shut until it sits flush.
10. Equalise the pressure, e.g. by swallowing or yawning, until the displayed pressure matches the set target value. The current pressure can be read on the display at any time.

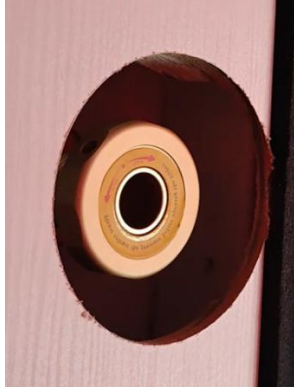
4 — Session

11. Once the desired pressure is reached, put on the mask and begin the session.
12. Continue the session until the set time has elapsed.

5 — Pressure release and exiting the chamber

13. After the session time has elapsed, slowly open the valve at the top left next to the door (turn clockwise) – no more than half a turn.

⚠ Open the valve slowly and in a controlled manner. Avoid opening it quickly.



14. Wait until the pressure display shows 100 kPa. Only then open the door.

Note: As long as the chamber is under pressure, the door cannot be opened. This is a safety feature. The door may only be opened once the pressure has been fully released (≤ 100 kPa).